MENTAL HEALTH LIVED EXPERIENCE TASMANIA STRATEGIC PLAN 2024-2026

OBJECTIVES IN THIS PLAN LINK WITH MHLET OPERATIONAL PLAN AND KPIS



VISION

We use our lived expertise so Tasmania can be a better place for all people.

PURPOSE

People with lived experience are driving positive change through representation, advocacy, and co-production.

VALUES

1 EMPATHY	2 INCLUSIVITY	3 trust	4 EQUALITY	5 SELF-DETERMINATION	
					Practicing kindness and compassion.

ATALIE LAUNCESTON

POSTIVE IMPACTS

	1	2	3	4
THE POSITIVE	Service design that	Reduction of	Providing a community	Increase in mental health
IMPACTS OF MHLET	meets the needs	stigma through	of support	and well-being through
FOR TASMANIAN	of Tasmanian mental	collaboration	through shared	social connection and
COMMUNITIES	health consumers.	and education.	experience.	valued engagement.

Mental Health Lived Experience Tasmania

EXPERIENCE. KNOWLEDGE. CHANGE.

We are the peak consumer voice in Tasmania



health stakeholders for its

community.

contributions to the Tasmanian

ROB HOBAR

GOALS AND STRATEGIC OBJECTIVES \mathbf{J} 2 1 $\mathbf{1}$ 3 $\mathbf{1}$ $\mathbf{1}$ 4 MHLET is an organisation **MHLET's Consumer MHLET** advocates MHLET is financially governed by, with comprehensively for sustainable, legally compliant, Representative Service is and for mental health growing in scope, diversity, mental health consumers, ethical and well managed. and continuous improvement and the value of lived consumers. in line with best practice and living expertise. standards. 1.1 2.1 3.1 4.1 All members have the MHLET CRs are supported, MHLET proactively shapes MHLET has long-term stable opportunity to be connected, valued and policy and programs, income to efficiently achieve involved in MHLET strategic to improve outcomes for equipped to represent MHLET its objectives. decision making. professionally and ethically. mental health consumers. 1.2 2.2 3.2 4.2 Regional members group MHLET CR training and MHLET represents and MHLET staff, volunteers, inform the Board and CEO on professional development advocates for Tasmanian CRs, membership and Board regional activity and issues. meets best practice mental health consumers receive all entitlements standards as benchin national forums and and protections, in a marked by leading lived initiatives. supportive workplace that experience organisations. places well being and safety at the forefront. 1.3 2.3 3.3 4.3 MHLET CRs aims to meet A majority of the board and MHLET provides support and MHLET is meeting all its staff are mental health all valid and safe CR opportunities for individuals, legislative, contractual, and consumers, with a diverse requests from the groups and cohorts of administrative requirements consumers to advocate on range of skills. Tasmanian Government in a sustainable way. and community sector. specific issues. 1.4 2.4 3.4 4.4 MHLET collaborates to MHLET is growing and MHLET is providing its MHLET is monitoring, diversifying its staff, CRs to more organisations, ensure lived expertise evaluating and improving volunteers, and membership, across a wider range of and co-design is understood its performance against sectors for an increasing and valued across the striving to be inclusive of strategic, operational and the diverse lived experience number of successful risk planning frameworks. community. community. engagements. 1.5 3.5 4.5 MHLET undertakes MHLET is respected and valued There is open communication and strong relationships research and evaluation by a broad range of mental

on issues relating

experience.

to mental health lived

of trust between members,

Board and staff.